



SANSKAR'S BUZZ

Sanskar World School, Ghaziabad

E- Magazine

VISION

Our vision is to provide the most inspiring studying culture to develop the global citizens and leaders for tomorrow who would be known for their creativity and innovation.

MISSION

Our mission is to prepare self-respecting, socially responsible, joyful students who shall succeed in this rapidly changing society and make this world a better place for everyone. We strive to develop a happy world, full of empowered, innovative, empathetic, peace-loving citizens of tomorrow who choose excellence as their goal.

DIRECTORS' MESSAGE



Dear Parents and Guardians,

We hope this message finds you well. As the Directors of our esteemed Institution, we are excited to share with you our vision for providing a holistic education that goes beyond traditional boundaries. At our school, we believe in nurturing young minds through hands-on learning experiences. We understand the importance of cultivating a carefree and stress-free environment for our students, allowing them to explore, discover, and learn at their own pace.

In today's frantic world, adaptability is a key skill for success. Our approach to education aims to equip children with the tools they need to navigate the challenges of the modern world with confidence and resilience. By embracing a holistic education model, we focus not only on academic excellence but also on the overall development of each child—nurturing their creativity, critical thinking, and social skills. Through hands-on learning, our students engage in activities that promote problem-solving, teamwork, and a deep understanding of the subjects they study. We believe that this approach not only enhances their academic prowess but also fosters a love for learning that lasts a lifetime.

Our commitment to providing a carefree and stress-free environment is rooted in the understanding that happy and relaxed students are better able to absorb knowledge and develop into well-rounded individuals. We prioritize creating a school culture that values the well-being of each child, ensuring that they feel supported and encouraged to explore their interests and passions. We invite you to join us on this journey of shaping the future generation—one where education is not just about memorizing facts but about fostering a love for learning, resilience, and adaptability. Together, let's create an environment where our children thrive academically, emotionally, and socially, preparing them for success in the fast-paced world they will inherit.

Thank you for entrusting us with the privilege of shaping the minds of tomorrow.

Warm regards,

Mr. Vivek Upadhyay Director

Ms. Priyam Upadhyay Director

Sanskar World School, Ghaziabad

VICE PRINCIPAL'S MESSAGE



I am deeply moved and honoured to share the remarkable achievements of our students and express my profound vision for their journey toward becoming well-rounded individuals with a sense of compassion and skills, and strong environmental consciousness.

It fills my heart with immense pride and joy to witness the incredible transformations at Sanskar World School, where our students are demonstrating remarkable talents and dedication. Their achievements underscore their commitment to excellence and their understanding that knowledge and personal growth go hand in hand.

However, what truly sets our school apart is the nurturing of values and ethics, which we are dedicatedly trying to inculcate and that is what define the spirit of our institution. We envision the cultivation of three core pillars for their holistic development:

- environmental responsibility
- skills for life
- compassion and empathy.

As Margaret Mead once said, **"Never doubt that a small group of thoughtful, committed citizens can change the world."** Together, we will guide our students on this transformative journey, empowering them with the knowledge, skills, and compassion to make a lasting impact.

Together, let us continue to shape a future where our students become the best versions of themselves, enriched with knowledge, empathy, and the drive to make a significant and positive difference.

With warm regards and a heart full of hope,

Sunita Dhawan

Vice Principal

Sanskar World School, Ghaziabad

REFLECTIONS OF HEAD GIRL



It's difficult to encapsulate in words the profound journey that being the Head Girl at Sanskar World School has been for me. As I stand here, on the brink of a new chapter in my life, I am overwhelmed with a range of emotions that are both exhilarating and bittersweet. This opportunity to share my reflections on this pivotal moment is an honour I cherish, as it allows me to encapsulate not only my personal experiences but the collective journey of our beloved school.

The teachers at Sanskar World School are the backbone of our Institution, and they have played a pivotal role in shaping my educational journey. They are more than educators; they are mentors who guide us with wisdom, patience, and dedication. Their influence extends far beyond the confines of the classroom, touching our lives in profound ways. It is through their lessons that I've come to understand the values of integrity, perseverance, and a love for learning that will accompany me throughout my life.

My experience as Head Girl has also offered me the privilege of working closely with the school administration and staff, revealing the incredible dedication and hard work they invest to ensure the seamless operation of our school. Their commitment to providing us with a safe, nurturing, and conducive environment for our growth is commendable. It underscores the strong foundation on which Sanskar World School is built.

My journey has also emphasized the significance of responsibility. Leadership isn't about titles; it's about accountability. It's about being a role model for my peers and leading by example.

To my fellow students, teachers, parents, and the entire school community, I want to express my profound gratitude. It has been an extraordinary honour to serve as the Head Girl of Sanskar World School, and I couldn't have done it without your support, your inspiration, and your unwavering belief in me. Together, we have created a remarkable journey filled with growth, learning, and cherished memories.

In closing, I extend my warmest wishes to all of you. The experiences and values we've gained here will continue to inspire us toward success, fulfilment, and a commitment to making a positive difference in the world.

With deep gratitude and a hopeful heart,

Unnati Rathi

Head Girl (2023-24)

Sanskar World School

HEAD BOY'S MESSAGE



'No one can whistle a Symphony it takes a whole orchestra to play it.'

H. E. Luccock in these metaphorical words explains best the vitality and potential of team work in reaching the milestones expected of an institution.

I Saunak Neogi, would like to express my sincere gratitude towards the Almighty, The School Management, our Vice Principal ma'am and the Teachers for giving me the opportunity to be the head boy of Sanskar World School.

As we all know school is the second home of the young minds where they spend a few hours daily with their fellow mates and learn under the guidance of the teachers, it's our parents' dream that their children have access to the best quality education for the personal and professional growth. Believe me, Sanskar world School is that perfect place where the holistic development of each and every child is personally looked into. My belief is that a true leader should first and foremost envision a work environment where the importance of team work is revered.

The next benchmark to set is that of novelty, innovation and the materialisation of ideas that are envisaged collectively by diverse minds. Such a goal requires first hand thinking, soul searching, extensive observation of surroundings, the recognition of what is missing and the realization of that one realm where we need to improvise and innovate. So, I as the Head boy will try my best to take my school to the pinnacle. Wharton said, "True originality consists not in a new manner but in a new vision," and I will strive to imagine, imbibe and invent.

Thank you,

Saunak Neogi

Head Boy (2023-24)

XII Science



BOARD TOPPERS' SPEAK

Naman Sharma

I am thrilled to share my remarkable achievement in securing a stellar 92% in my X Board exams. This accomplishment would not have been possible without the unwavering support and guidance of my parents and teachers, a conducive learning environment, and a belief in my abilities.

Samiksha Walia

I am incredibly happy and proud to share with you all my success story as the topper of Class X. It has been an amazing journey, and I owe this achievement to the wonderful people who have supported and guided me throughout.

I am truly grateful to our Director ma'am and Sir, Vice Principal for their incredible leadership. My wonderful Parents and dedicated Teachers They have provided us with the best education and facilities, allowing us to grow and succeed.

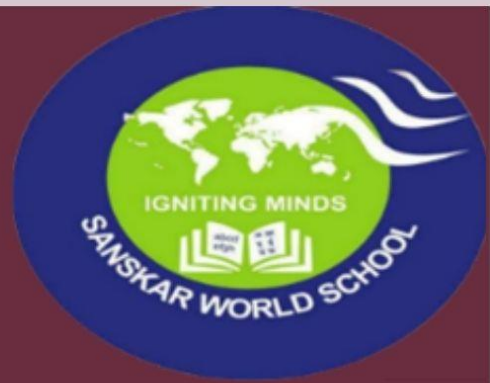
Diya Saxena

I feel privileged to share my experience as a student who has scored 92% in X Board Examination. As they say " To achieve success or the goal of life, you need to work accordingly ", that's what, I did. My main aim was to excel in my Board Examination and I gave my 100% to it. First, I put all my efforts to understand my mistakes and started improvisation. My teachers and Parents helped me a lot in this process by correcting me on every step and giving me the unstinting support.

Riya

In today's world everyone wants to be successful but what is success. The perspective of success varies from person to person. My success mantra is hard work and dedication coupled with passion. My school teachers have played a very important in my success. Their motivation and the quality of education has been tremendous. I feel honoured to have amazing teachers like Vice Principal and Rishi Sir for their unwavering support and guidance.

MOST CREDIBLE EDUCATIONIST IN NCR



PROUD MOMENTS FOR SANSKAR WORLD SCHOOL

GREAT LEADERS DON'T SET OUT TO BE A LEADER... THEY SET OUT TO MAKE A DIFFERENCE. IT'S NEVER ABOUT THE ROLE- IT'S ABOUT THE GOAL'

Congratulations to Our directors Mrs.Priyam Upadhyay and Mr.Vivek Upadhyay for being honoured with the prestigious 'School Leaders Award for the year 2022-23'.

Each step we take contributes towards the betterment of Our Sanskarians.

Proud moment for SWS family!!

The Visionary Leader



GLOBAL AWARD FOR EARLY CHILDHOOD EDUCATION

This prestigious award was conferred upon Mrs. Sunita Dhawan for bringing in the pathbreaking innovation for the pre-schoolers.

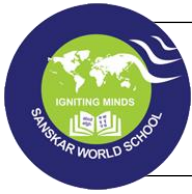
The Proud Moments

On 2nd September, 2023 Bharat Vikasunnmukh Foundation conferred upon Mrs Sunita Dhawan the innovative leadership award during Sudeeksha Samman Samahroh for her tireless efforts in the field of Education. This is indeed a proud moment for Sanskar World Fraternity. We wish her many more accolades.



Kudos! to our Vice Principal for donning so many hats. We are fortunate to have a Mentor like you. Your qualities are worth emulating.





TOPPER OF CBSE GRADE XII



PRIYAL TIWARI

TOPPERS OF CBSE GRADE X EXAMINATION 2022-2023

Congratulations!



Samiksha Walia



Tushar



Naman Sharma



Diya Saxena



Anshika Tyagi

SOF OLYMPIAD TOPPERS!!!

INTERNATIONAL RANK HOLDERS



Paridhi Gupta 6th B



Ryan Pasari 5th A

SOF SCIENCE OLYMPIAD WINNERS



SOF MATHS OLYMPIAD WINNERS



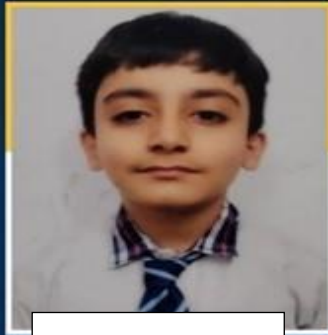
SOF SOCIAL SCIENCE WINNERS



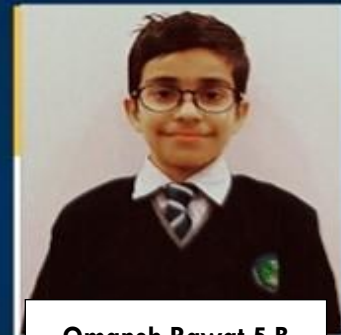
VICTORY CAPTURED: ZONAL TOPPERS TAKE THE STAGE



Vedika Sharma 5



Madhav- 5A



Omansh Rawat 5 B



Aarav Chaudhary 5 A



Anushka Tomer 5 A

“Learn as much as you can while you are young, since life becomes too busy later.” – Dana Stewart Scott

ACADEMIC ACHIEVEMENTS (I – XII)

The CBSE Result of The [Sanskar World School](#) 22- 23 has been an astounding one. All students took the Exam and all of them passed with flying colours. Many students have scored more than 90% and distinctions. Apart from their scholastic feat, their co-scholastic achievements are another feather in their cap. The SWS Fraternity and Directors Mr. Vivek Upadhyay and Mrs. Priyam Upadhyay and Ms. Sunita Dhawan, the Vice Principal are proud of their accolades and wish them the best in their future endeavours.

Excellent Academic Performers (2022-23)

Class I



Excellent Academic Performers (2022-23)

Class II



Excellent Academic Performers (2022-23)

Class III



Excellent Academic Performers (2022-23)

Class IV



Excellent Academic Performers (2022-23)

Class V



Excellent Academic Performers (2022-23)

Class VI



Excellent Academic Performers (2022-23)

Class VI



Excellent Academic Performers (2022-23)

Class VII



Excellent Academic Performers (2022-23)

Class VIII



Excellent Academic Performers (2022-23)

Class IX



हिंदी ओलंपियाड पुरस्कार

Congratulations



हिंदी विकास संस्थान, दिल्ली द्वारा आयोजित 'अंतर्राष्ट्रीय हिंदी ओलंपियाड 2023' में संस्कार वर्ल्ड स्कूल, गाज़ियाबाद

के श्रेष्ठ मिश्रा कक्षा-3 का चयन राष्ट्रीय स्तर पर 'राष्ट्रीय हिंदी प्रतिभा सम्मान 2023' हेतु हुआ है।

उक्त सम्मान 'अंतर्राष्ट्रीय हिंदी सम्मान समारोह 2023' के अवसर पर 29 नवंबर को तीन मूर्ति भवन, नई दिल्ली के सभागार में प्रदान किया गया।

इसके अतिरिक्त विद्यालय के तीन छात्र श्रीयांश मिश्रा, रयान पसारी पलक चौधरी को स्वर्ण पदक चार छात्र आराध्या शर्मा, अनुष्का दीप, रिद्धि सिसोदिया, अन्वी पाण्डे को रजत पदक आठ छात्र शौर्य प्रताप सिंह राठौड़, रिआन बंसल, परिराज, धनंजय ढाका, माधव सहदेव, न्यासा कुमार, दिव्यांशी अग्रवाल और हर्षित मित्रा को कांस्य पदकों से सम्मानित किया गया।

चयनित प्रतिभागियों को निर्देशक श्री विवेक उपाध्याय, निर्देशिका श्रीमती प्रियम उपाध्याय एवम् उप प्रधानाचार्या श्रीमती सुनीता धवन ने हार्दिक बधाई देते हुए उनके उज्ज्वल भविष्य की कामना की।



WINNER OF INTER- SCHOOL TREASURE HUNT COMPETTITION

**ANIRUDH KUMAR
CLASS 1ST**

"Dream big, work hard, and make it happen. Your potential is limitless."



Congratulations



Many Congratulations to our shining star who qualified NEET and got Government Kilpauk Medical College.

Gaurav Sharma
XII Science



She has been awarded the first position in the field of Chemistry. For her research paper on 'Organic Edible Cutlery Substitution of Plastic Wares' which was published in the 'International Journal for Multidisciplinary research'.

Kanishka Sharma
XII Science



THE OUTSTANDING FEAT OF THE SHINING STAR OF SANSKAR WORLD SCHOOL!!



Aadhar Tyagi, a class IX student of Sanskar World School won everyone's heart by bagging the coveted **Manak Award for 2023-24** by **Government of India Ministry of Science & Technology, Department of Science & Technology** on the Scientific Innovation

Idea: Stubble burning Machine Solution to Pollution.

"Believe in yourself and all that you are. You have the power to achieve your dreams."

Outstanding Performers at Science Exhibition

Nidhi Verma & Somya Tripathi (Science)



Secured 1st Position in Inter- School Science Exhibition



"Success is not just about what you accomplish, but the obstacles you overcome. Keep pushing forward."

Our Scouts and Guides



Our Scouts and Guides



Inspiring Sanskarians!!!



FELICITATION OF 2022-23
School Toppers and Investiture
Ceremony (2023-24)



Pinnacle of success

FELICITATION OF 2022-23
School Toppers and Investiture
Ceremony (2023-24)



*We admire your
unwavering
dedication and
drive to excel.*

SWS MODEL UNITED NATIONS



“The road to freedom –here and everywhere on earth— begins in the classroom.” – Hubert Humphrey

SWS MODEL UNITED NATIONS



TEACHERS' WORKSHOPS.....

Sanskar World School, under the dedicated leadership of Ms. Priyam Upadhyay and Mr. Vivek Upadhyay, is committed to continuous improvement. This proactive approach reflects their unwavering commitment to educational excellence.



TEACHERS' WORKSHOP

NEP TRAINING'2023

"In a world where you can be anything, be kind, be bold, and be unstoppable."

NEP TRAINING...

On 25th February, 2023, Teachers from Sanskar World School participated in a workshop on the New Education Policy at Amity International School. Special thanks to the Directors, Vice-principal, and School Management for prioritizing professional development. This initiative empowers educators with innovative teaching techniques, preparing them to foster well-rounded students in line with modern educational trends and 21st- century life skills.

CACA WORKSHOP



Behaviour Changes - A

- Do not change clothes in front of children.
- Children should also change their clothes privately.
- Corporal punishment is a doorway to abuse.
- Negative Image of Police.

➤ Cartoon & children are not synonymous.

CACA WORKSHOP

Green Question

Green colour question: relate to a child's **behaviour, feelings, opinions, incidents, values, relationships & medical conditions.**

Q1. [What if...] How would you feel if your best friend breaks your favourite toy?

Q2. Would you like to share a secret with your friend Pocso?

Q3. Tell your friend Pocso what or who scares you.

Q4. Share with your friend Pocso an emergency/accident that you have faced.

Q5. Have you ever used a password? If yes, then on whose computer/smartphone?

Q6. Most touches are safe, but not all. Write names of the people from whom you do not like hugs and kisses or whom you do not like to hug or kiss.

Q7. Take your parents'/grandparents' help to write the vaccinations that you got and what more vaccinations you are likely to get. Also write down from which diseases these vaccines protect (immunise) you.

CACA WORKSHOP

Aspect 3 – It is not your fault CSA Prevention

Imagine a child gets hurt while playing outdoors on a hot summer day and then rushes home to tell parents.

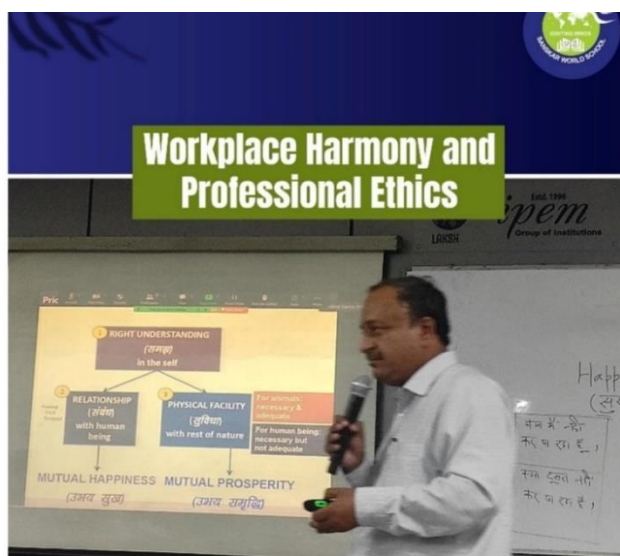
Do you think that some parents will scold and blame the child for why they went outdoors on such a hot day to play in the first place? **Yes/No**

CACA WORKSHOP

“We see things not as they are, but as we are”. - H. M. Tomlinson

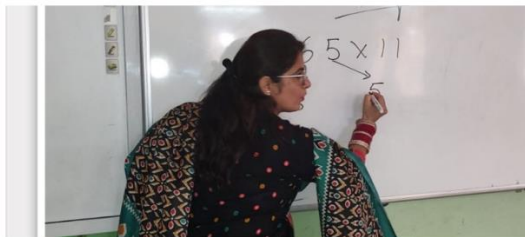
WORKPLACE HARMONY AND PROFESSIONAL ETHICS!!!

The Teachers of [Sanskar World School](#) availed the learning opportunity and pruned themselves when they participated in a Capacity Building Workshop titled 'Workplace Harmony and Professional Ethics' on 31st May organized by IPEM, Ghaziabad. It was a soul-searching workshop focusing on the role of education in holistic development to nurture competence in professional life and a harmonious relationship at home.



MICROTEACHING....

Microteaching, a teacher training technique currently practised worldwide, provides teachers an opportunity to upgrade their skills. From 26th June to 1st July, teachers of Sanskar World School engaged themselves with various micro teaching activities to promote hands on teaching experiences to enhance their core competencies in teaching skill. Various subject teachers shared their teaching methodology and conducted workshops where they shared their teaching skills along with lots of exciting games for their colleagues.



Microteaching

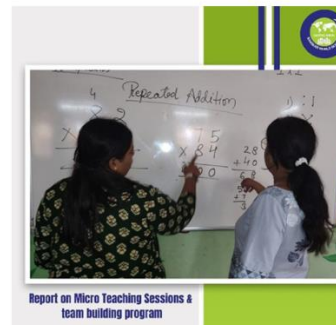
26 TH JUNE
TO
1 ST JULY, 2023



Report on Micro Teaching Sessions & team building program



Report on Micro Teaching Sessions & team building program



Report on Micro Teaching Sessions & team building program

ORGANIZING AND LEARNING INTERPERSONAL SKILLS!!!

Sanskar World School, Ghaziabad arranged a workshop on the topic ` Organizing Learning and Interpersonal Skills in collaboration with Bharti Bhawan Publication on June 27 (Tuesday), 2023.

The resource person was Ms. Aditi Roy, who encouraged the teachers through different games and activities to develop various interpersonal skills to enhance the teacher and pupil relationship, teacher and parent relationship and their teaching –learning experiences. It was indeed a very lively workshop which helped the teachers polish their interpersonal skills.



**ORGANIZING LEARNING AND
INTERPERSONAL SKILLS IN
COLLABORATION WITH BHARTI
BHAWAN PUBLICATION ON JUNE 27
(TUESDAY), 2023**



"In a world where you can be anything, be kind, be bold, and be unstoppable."

SHIKSHAK SAMMAN SAMAROH

FELICITATION OF THE BEST TEACHERS OF DELHI NCR ...



"Your education is a gift. Use it to create a future that inspires you."

EMPOWERING EDUCATORS: INSIGHTS FROM THE CBSE WORKSHOP



On 2nd March 2024, Sanskar World School hosted a transformative CBSE workshop on Educating Parents about Education, aimed at enlightening parents about the evolving landscape of education. Under the esteemed guidance of Directors Mr. Vivek Upadhayay and Ms. Priyam Upadhayay, the event unfolded with immense promise.

With the invaluable contributions of resource persons Ms. Surjeet Khanna and Ms. Vinita Anand, the workshop soared to inspirational heights. A warm welcome and heartfelt gratitude were extended to guests, accompanied by the symbolic gesture of gifting plants, thanks to our Admirable Vice Principal, Ms. Sunita Dhawan.

"The journey to success is paved with determination and resilience. Keep going."

MASTERING METHODS!!!





"The journey to success is paved with determination and resilience. Keep going."

Bri Books



"The journey to success is paved with determination and resilience. Keep going."

Budding Authors of SWS



Student Authors

Published Books

Vanya Tyagi

Shubhangi Bhattachar

Aarvi Tyagi

Ryan Pasari

Keisha Sharma

Subhashish Banerjee

Atharv Singhal

Nikunj Soni

Puppies and a Girl

The Story of two detectives

Daizy the Mermaid

Fun in Vacation

Dream towards your goal

Passion-luck-success

Jhilmil's Adventure

Wonderful experience

Student Authors

Aarohi Chaudhary

Lagan

Ishan Arya

Pari Raj

Aaditya Sharma

Aarav Dogra

Vikhyati Nirwal

Aarav Chaudhary

Published Books

Narendra Modi

Adventure of three friends

The Forest and the Animal

Think before you Act

The Picnic

The Astronaut on the Moon

Memorable Trip

Online Games

Aaryan Daksh

MY PET RUBY

Sadhya Singh

A Struggleful way to success

THE STORY OF
TWO
DETECTIVES

My Pet Ruby

FUN IN
VACATION

“ The purpose of our lives is to be happy.” — Dalai Lama.

THE COUNCIL ELECTION



The Leaders in
Making!!!





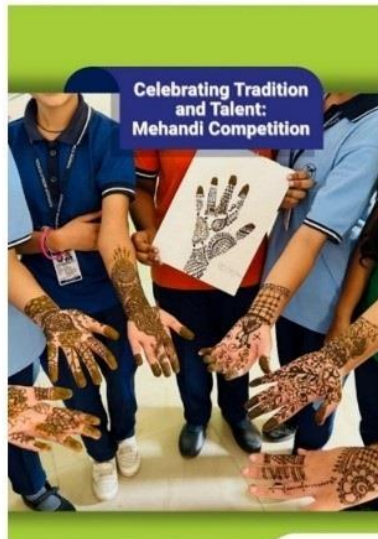
G20 SUMMIT

VASUDHAIVA KUTUMBAKAM- "ONE EARTH, ONE FAMILY, ONE FUTURE,"

Sanskar World School enthusiastically organized different competitions to celebrate India's Presidency in G-20 summit on 25th July 2023.

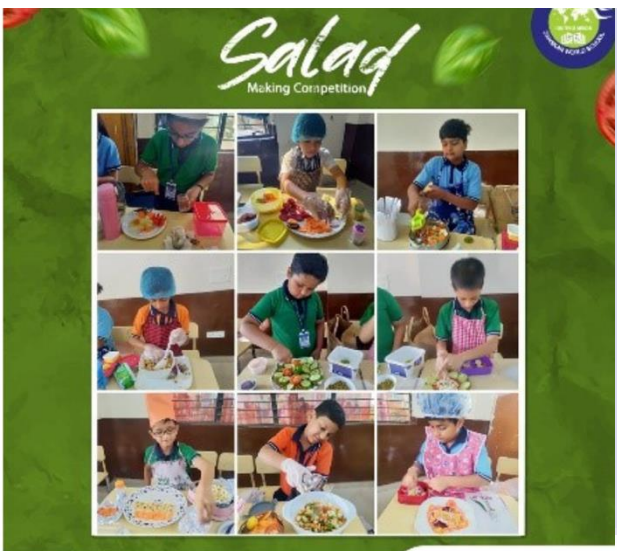


MEHNDI COMPETITION!!! EMBRACING TRADITIONS...



“You only live once, but if you do it right, once is enough.”

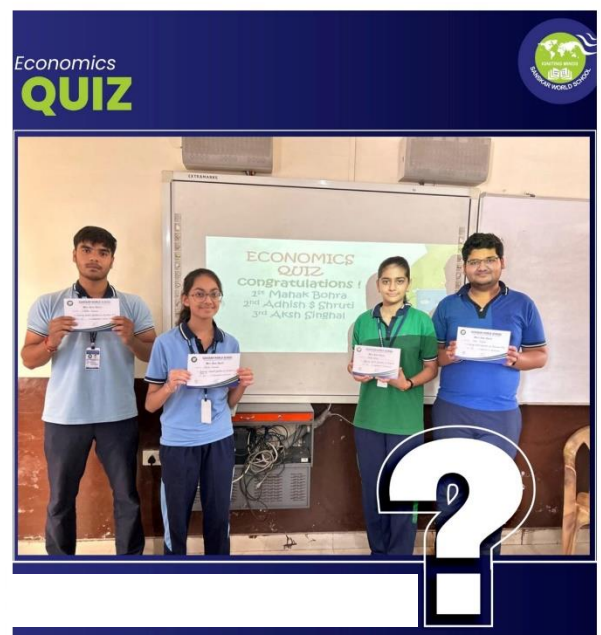
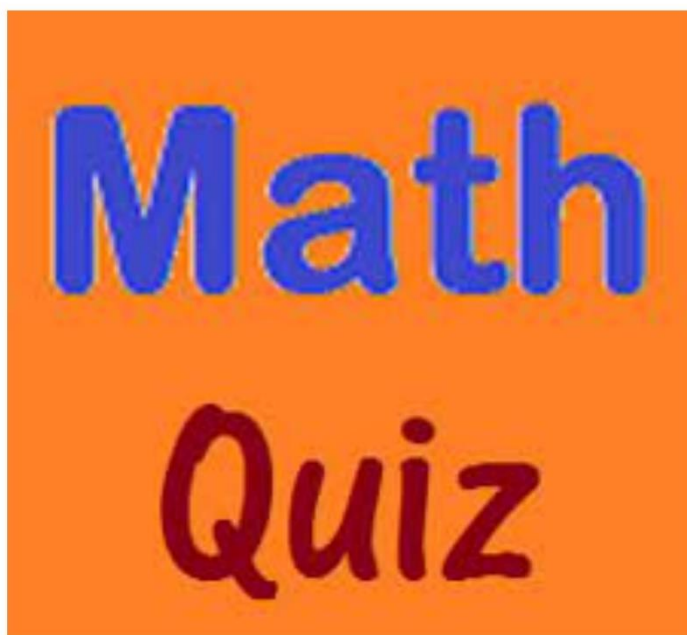
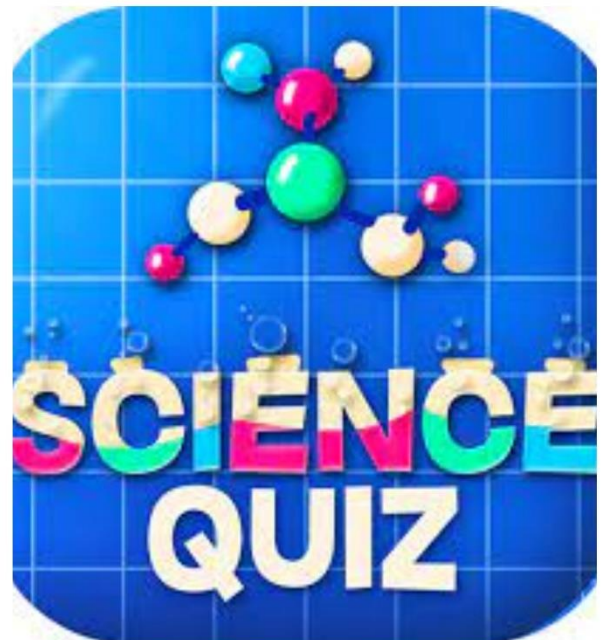
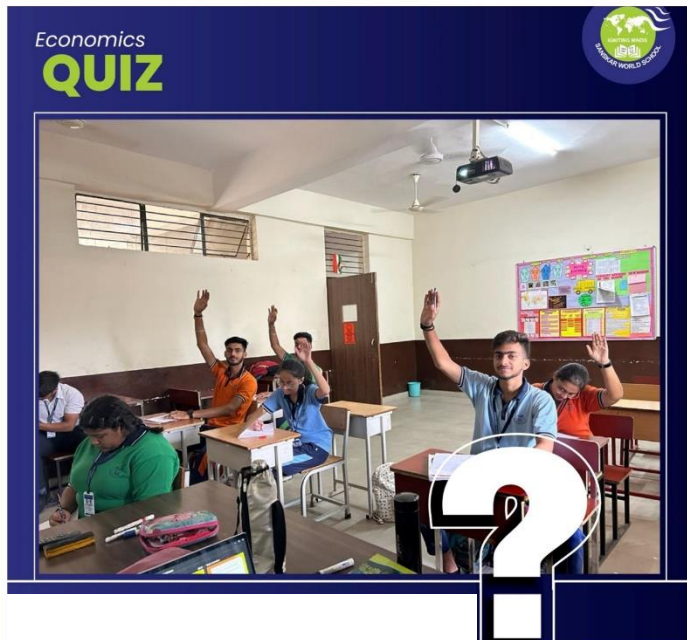
SALAD MAKING COMPETITION



Experiential Learning
A way of teaching at Sanskar
World School!!!

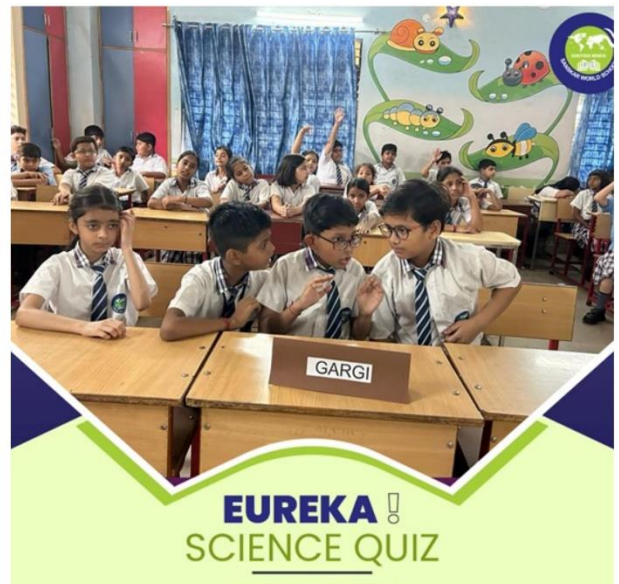
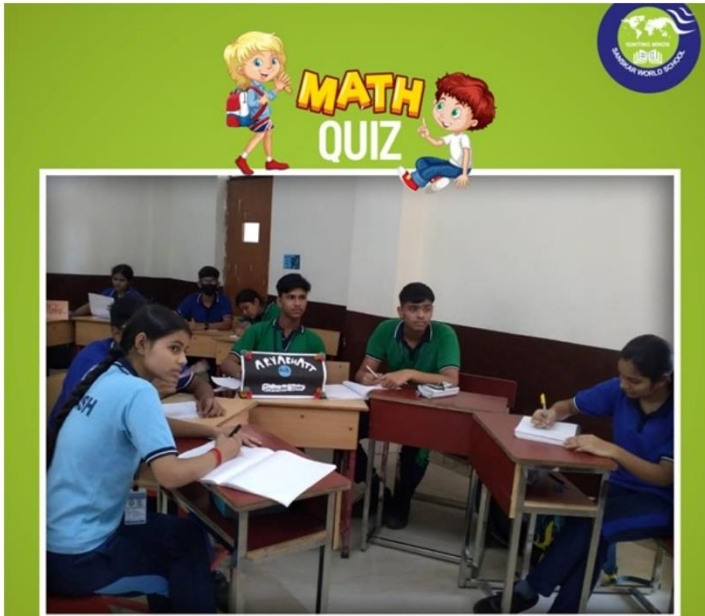
QUIZZES!!!

BRAIN STORMING....



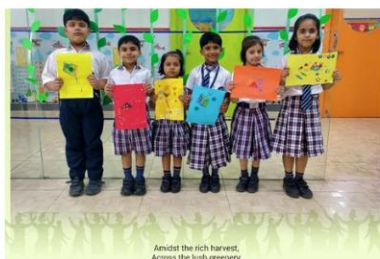
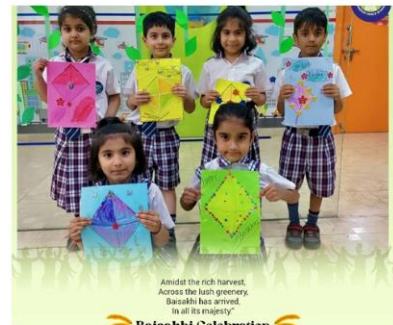
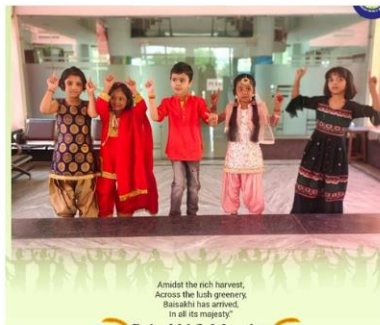
"Strive for progress, not perfection. Each step forward is a victory."

UNLOCKING KNOWLEDGE AT THE SPEED OF THOUGHT...



United we stand, divided we fall.

CULTURAL BONANZA!!



BAISAKHI CELEBRATION

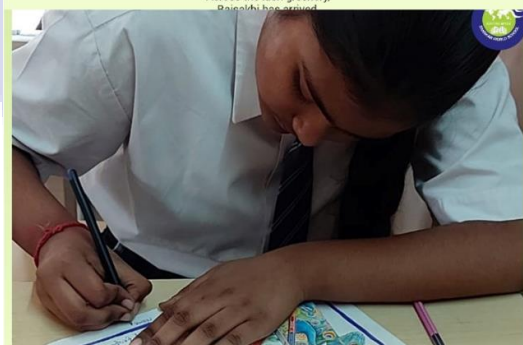




SHOWCASING CREATIVITY ON FESTIVALS



Amidst the rich harvest,
Across the lush greenery,
Baisakhi has arrived.



Amidst the rich harvest,
Across the lush greenery,
Baisakhi has arrived,
In all its majesty."

 **Baisakhi Celebration** 

The way to get started is to quit talking and begin doing. -Walt Disney

GRADUATION DAY!!! SHOULDERING RESPONSIBILITIES.....



“We see things not as they are, but as we are.” - H. M. Tomlinson

EARTH DAY



EARTH DAY
Celebration



EARTH DAY
Celebration
22nd APRIL



EARTH DAY
Celebration
22nd APRIL





"This Earth Day, let's pledge to be stewards of our planet, honoring its gifts and safeguarding its precious resources."



"Earth Day serves as a reminder of our responsibility to cherish and protect the only home we have."

SAVE THE EARTH SAVE THE FUTURE.



"Let's make every day Earth Day by taking small steps towards a greener, more sustainable future."



"The Earth is what we all have in common. Let's unite in our efforts to nurture and protect it."



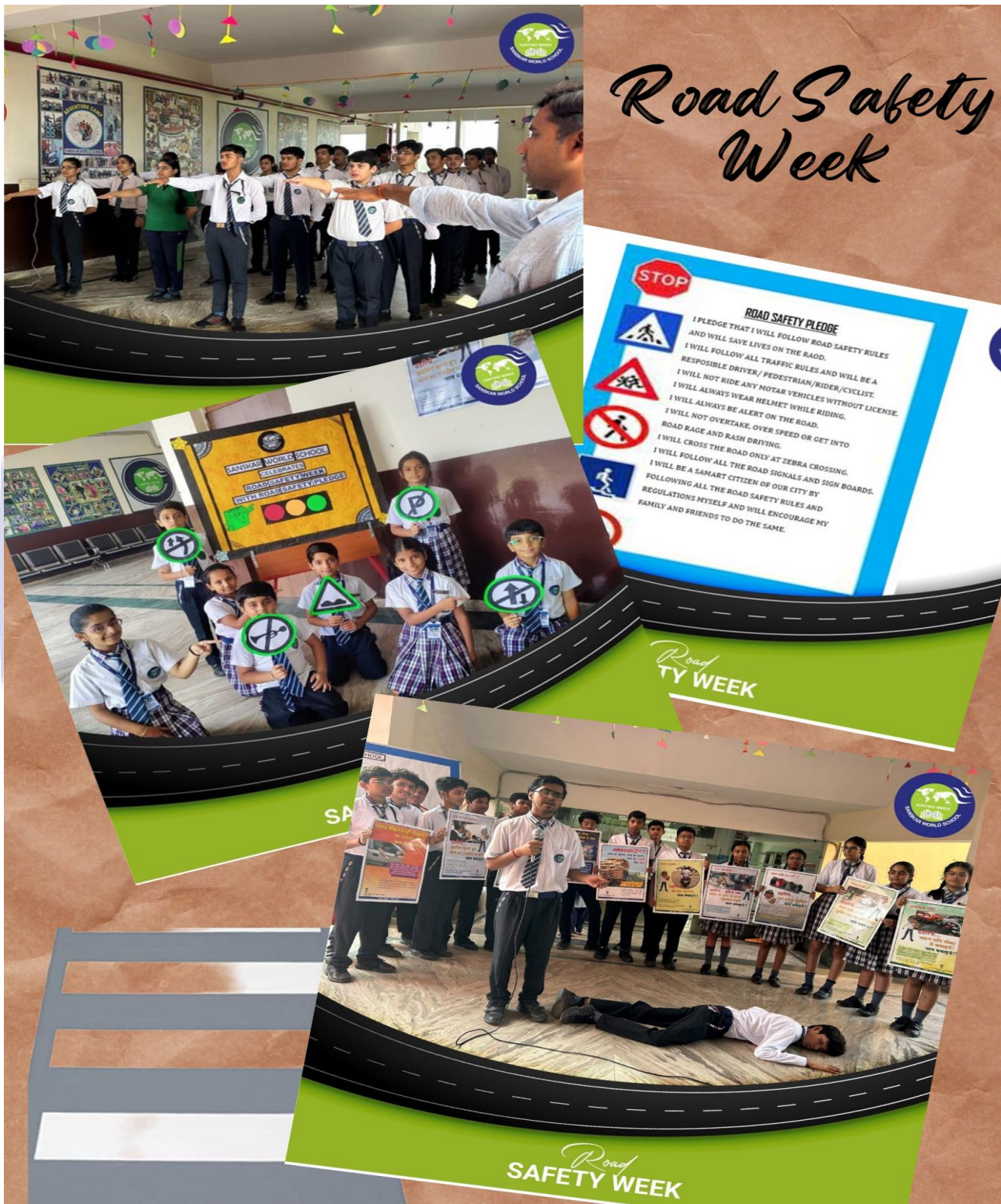
"The Earth is what we all have in common.
Let's unite in our efforts to nurture and
protect it."



**GO GREEN
AND SAVE
GREEN.**

"You are capable of more than you know. Don't let fear hold you back."

"STEERING CLEAR OF DANGER: ROAD SAFETY INITIATIVES"



Road Safety Week



Road SAFETY WEEK

Road SAFETY WEEK



Road SAFETY WEEK

UNSTINTED FUN AND FROLIC !!



THE VERSATILE MOTHERS!!!

"Dream big, work hard, and make it happen. Your potential is limitless."

CREATIVITY ON MOTHER'S DAY....



The future belongs to those who believe in the beauty of their dreams. -Eleanor Roosevelt

INTERNATIONAL SPACE WEEK

SPACE ODYSSEY.



विश्व
अंतरिक्ष
सप्ताह



"The greatest glory in living lies not in never falling, but in rising every time we fall".

-Nelson Mandela

INDEPENDENCE DAY

We salute the valour of the Warriors...

NATIONAL SYMBOLS



NATIONAL SYMBOLS



NATIONAL SYMBOLS



"Education is the key to unlocking your potential. Seize every opportunity to learn and grow."

JANMASHTAMI CELEBRATION!!!



The only thing we have to fear is fear itself. -Franklin D. Roosevelt

FIGHT AGAINST INHUMANITY...



'No human masterpiece has been created without great labour' - Andre Gide

LABOUR DAY

Echoing the same, Labour Day was celebrated in the SANSKAR WORLD SCHOOL, Ghaziabad on 1st May,'23 and the day kickstarted with the Special Assembly where the students delivered speeches and recited poems to express their heartfelt gratitude. As a token of love and appreciation, the Sanskarians made thank-you cards and gift bags. It brought a lot of cheer and smiles on the faces of the diligent Support Staff.



"Education is the key to unlocking your potential. Seize every opportunity to learn and grow."

UNITY IN DIVERSITY ...



"You are capable of more than you know. Don't let fear hold you back."

"NAV RATRI & DUSSEHRA DELIGHTS: A FESTIVE SPECTACLE

THE SUPREME POWER OF WISDOM AND DEVOTION....



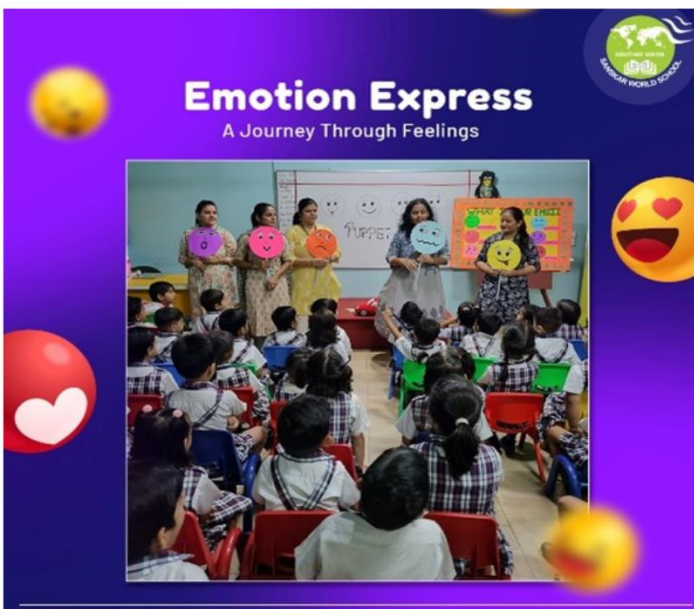
"In a world where you can be anything, be kind, be bold, and be unstoppable."

HALLOWEEN CELEBRATION!!!



Do one thing every day that scares you. -Eleanor Roosevelt

EXPERIENTIAL LEARNING....



Puppet Show "Emotion Express: A Journey Through Feelings."

"You are capable of more than you know. Don't let fear hold you back."



Good Touch and
Bad Touch



Good Touch and
Bad Touch



Good Touch and
Bad Touch



Good Touch and
Bad Touch

ROLE-PLAY PRESENTATION

**A way of teaching at Sanskar
World School!!!**

"The journey to success is paved with determination and resilience. Keep going."

LEARNING IN THE LAP OF NATURE...



It is during our darkest moments that we must focus to see the light. -Aristotle

A SPLASH OF ORANGE: DIVING INTO THE SPIRIT OF UNITY!!



Be yourself; everyone else is already taken. -Oscar Wilde

HANDS-ON LEARNING: EXPERIENCES THAT SHAPE MINDS



"The future belongs to those who believe in the beauty of their dreams. Dare to dream big."

LANGUAGE CARE....



HINDI ACTIVITY



"Dream big, work hard, and make it happen. Your potential is limitless."

CREATIVITY GALORE

LITTLE SANSKARLANS MAKING DECORATIVE MIRROR WALL HANGINGS



The Art of Experiential Learning: Where Knowledge Meets Action

LITTLE SANSKARLANS AT WORK...



"Creativity is seeing what others see and thinking what no one else ever thought." – Albert Einstein.

FABRIC KIT PAINTING ACTIVITY



"Success is not just about what you accomplish, but the obstacles you overcome. Keep pushing forward."

WIELDING THE BRUSH... THE BRIGHT STROKES!!



WOW!!! THE LITTLE SANSKARIANS WEAVE THE MAGIC.....



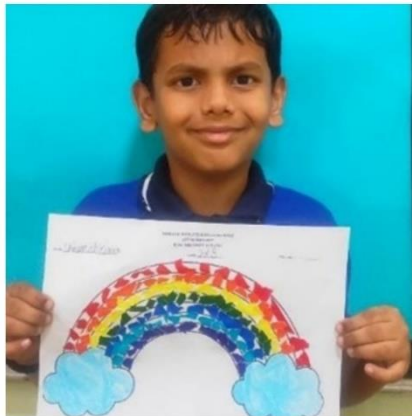
"Believe in yourself and all that you are. You have the power to achieve your dreams."

KINESTHETICS- TACTILE LEARNING STYLE....



"The future belongs to those who believe in the beauty of their dreams. Dare to dream big."

UNLEASHING CREATIVITY!!!



"There is no greater joy in life than the joy of creating something"

EMERGING TALENTS....



"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." - Albert Schweitzer

HANGING MAKING ACTIVITY

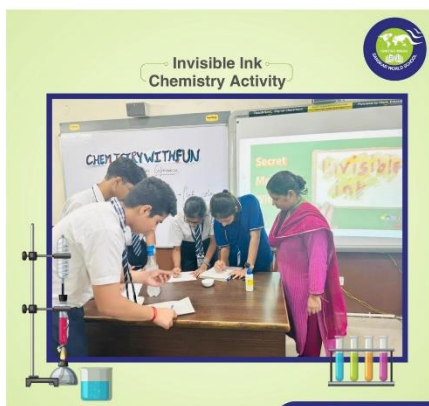


"Only a life lived for others is a life worthwhile." -Albert Einstein

COLOURFUL CREATIONS: CELEBRATING THE ARTISTRY OF LITTLE ONES



"Well done is better than well said." -Benjamin Franklin



"The secret of getting ahead is getting started." - Mark Twain

"UNVEILING TRUTHS: THE POWER OF AN EXPOSITORY SPEECH"

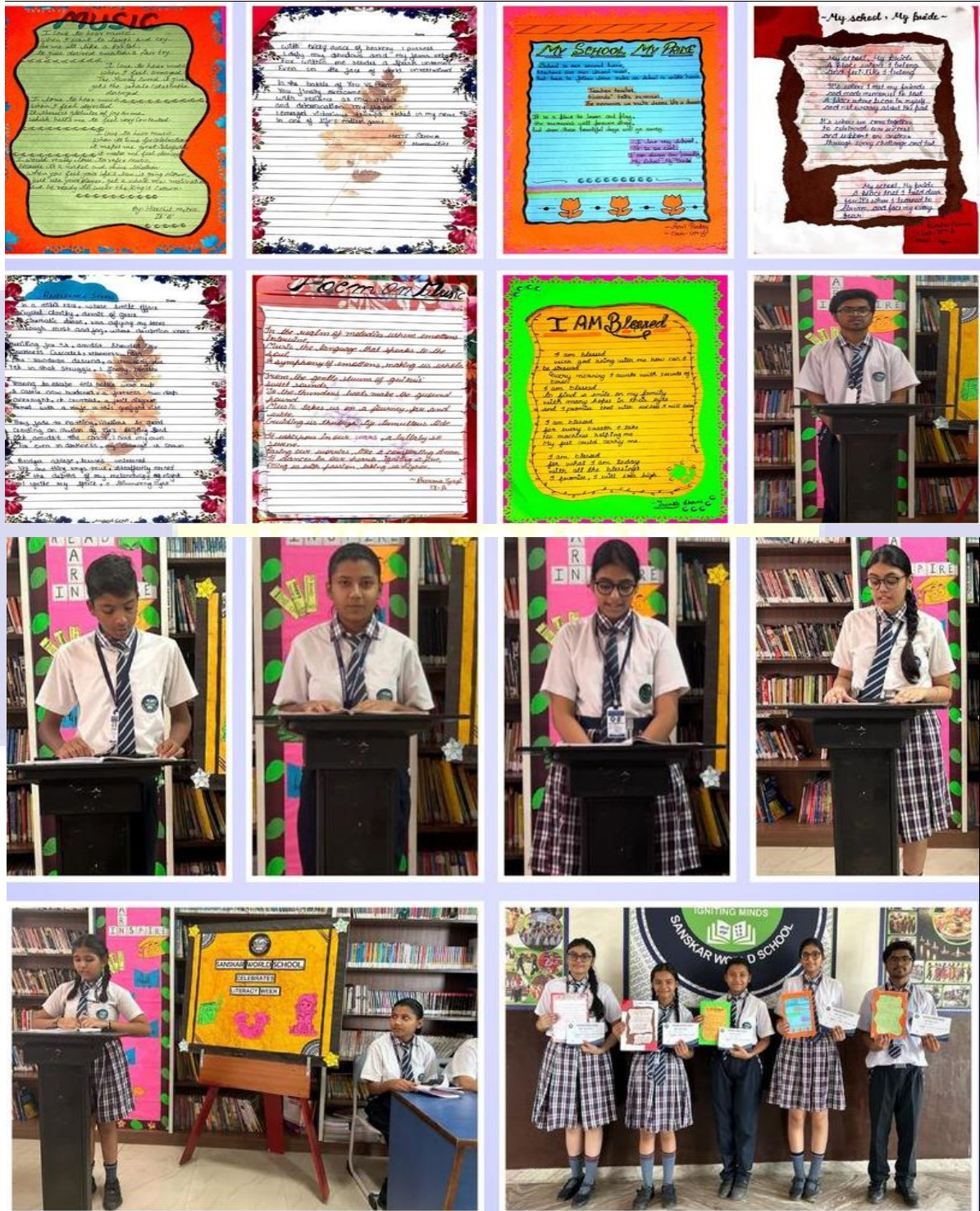


Engaging Expository Speech Activity for GRADE II



"The greatest glory in living lies not in never falling, but in rising every time we fall." -
Nelson Mandela

A SHOWCASE OF STUDENT SPEECHES AND ARTICLES



Navigating the Digital Frontier: Insights from the World of IT



"Technology is a tool, but the real magic happens when IT professionals wield it with purpose and passion."

ACTING OUT: STUDENTS BRING HISTORY TO LIFE THROUGH ROLE-PLAYING



"You are never too old to set another goal or to dream a new dream." - C.S. Lewis

BANKING BEYOND BOOKS: STUDENTS' PRACTICAL FINANCIAL SKILLS



MOCK BANKING ACTIVITY



The greatest adventure you can take is to live the life of your dreams.

"CHEMISTRY CRAFTERS: SHOWCASING HANDMADE WONDERS AND INNOVATIVE STALLS"



"The future belongs to those who dare to dream. Dream big, work hard, and never lose sight of your goals."





IMBIBING LIFE SKILLS



"The only impossible journey is the one you never begin." -Tony Robbins



IN THE NEWS: OUR SCHOOL'S SPOTLIGHT



कला प्रतियोगिता में हिमांशु प्रथम

गाजियाबाद। संस्कार वर्ल्ड स्कूल में भारत स्काउट एंड गाइड जिला इकाई ने अपना 74वां स्थापना दिवस मनाया। कार्यक्रम में कला प्रतियोगिता और स्काउट गाइड ज्ञान प्रतियोगिता हुई। जिसमें सीनियर वर्ग में हिमांशु पहले, अहान दूसरे और आदित्य तीसरे स्थान पर रहे। जूनियर वर्ग में शौर्य प्रताप पहले, सुखमनी दूसरे और वैष्णवी तीसरे स्थान पर रहे। कार्यक्रम का शुभारंभ वष-प्रधानाचार्या सुनीता धवन और संचालन जिला ट्रेनिंग काउंसलर राजदेव यादव ने किया। लाया

हिमांशु और शौर्य ने प्रतियोगिता जीती

गाजियाबाद। भारत स्काउट एंड गाइड जिला इकाई ने संस्कार वर्ल्ड स्कूल में अपना 74वां स्थापना दिवस मनाया। इस दौरान कला प्रतियोगिता और स्काउट-गाइड ज्ञान प्रतियोगिता का आयोजन हुआ, जिसमें सीनियर वर्ग में हिमांशु शर्मा पहले, अहान दूसरे और आदित्य तीसरे स्थान पर रहे। जूनियर वर्ग में शौर्य प्रताप पहले, सुखमनी दूसरे और वैष्णवी तीसरे स्थान पर रहे।

फन फेस्ट में बच्चों ने किया प्रतिभाग

वि, गाजियाबाद : संस्कार वर्ल्ड स्कूल में एथलेटिक्स फन फेस्ट के दौरान विभिन्न खेलों का आयोजन किया गया, जिसमें नन्हें खिलाड़ियों ने प्रतिभाग किया। नर्सरी की हुला हुप्स रेस में रियांक, शानवी व जानवी, पेयर रेस में रियांक, सोना व आशी, हुला हुप्स एलकेजी में शानवी, इशान व शुभ, पेयर रेस में सिद्धि, शानवी और शुभ, लेमन रेस में इशान, आइडेंटीफाई आब्जेक्ट में शिवाय, अपूर्व व कृषि व, बलून रेस कक्षा एक में देवाश, अंश, अनिरुद्ध व ड्रेस रेस में अथर्व, देवांश व नाह्वी ने प्रथम, द्वितीय व तृतीय स्थान प्राप्त किए।



मेरठ रोड संस्कार वर्ल्ड स्कूल में एथलेटिक्स फन फेस्ट में प्रतिभाग करते नन्हें बच्चे ●

"The secret of getting ahead is getting started." - Mark Twain

जासं, गाजियाबाद : मेरठ रोड स्थित संस्कार वर्ल्ड स्कूल में आठवी कक्षा के छात्र अभिज्ञान सिंह का राज्य स्तरीय सब जूनियर फुटबाल चैंपियनशिप के लिए टीम में चयन हुआ है। उन्होंने मेरठ के कैलाश प्रकाश स्टेडियम में आयोजित जिला फुटबाल चैंपियनशिप में गाजियाबाद टीम का प्रतिनिधित्व किया। अभिज्ञान सिंह ने शानदार खेल का प्रदर्शन करते हुए टीम को रजत पदक दिलाने में कामयाबी दिलाई थी। प्रदर्शन के आधार पर उनका चयन किया गया है। उक्त जानकारी फुटबाल प्रशिक्षक हिमांशु पूनिया और खेल प्रशिक्षक सौरभ कुमार ने संयुक्त रूप से दी।



संस्कार वर्ल्ड स्कूल में दैनिक जागरण श्रीराम अन्न कलश में अन्न दान करते (दाएं से) स्कूल निदेशक विवेक उपाध्याय, निदेशिका प्रियम उपाध्याय व उप प्रधानाचार्या सुनीता धवन • जागरण



ऊर्जा के संस्कार

विद्यार्थियों ने समझे कार्बन फुटप्रिंट के दुष्परिणाम

जागरण संवाददाता, गाजियाबाद : दैनिक जागरण की ओर से हर साल की तरह इस साल भी विद्यार्थियों के लिए संस्कारशाला मुहिम चलाई जा रही है। संस्कारशाला के इस साल की थीम ऊर्जा के संस्कार से शहर भर के विद्यालय जुड़कर गतिविधियां करा रहे हैं।

इसी क्रम में बुधवार को मेरठ रोड स्थित संस्कार वर्ल्ड स्कूल में विद्यार्थियों को दैनिक जागरण में शुक्रवार को प्रकाशित कहानी 'हमारे हाथ में हैं उपाय' सुनाई गई। प्रोजेक्टर पर संस्कारशाला की इस साल की थीम को समझाते हुए शिक्षकों ने इसका महत्व विद्यार्थियों को बताया। बच्चों ने भी समाचार पत्र में प्रकाशित कहानी पढ़ी और उस पर चर्चा की।

विद्यालय की निदेशक प्रियम उपाध्याय ने विद्यार्थियों को कहानी



प्रोजेक्टर पर दैनिक जागरण संस्कारशाला की थीम के विषय में समझाती संस्कार वर्ल्ड स्कूल की निदेशिका प्रियम उपाध्याय • जागरण

के बारे में बताते हुए कार्बन फुटप्रिंट के दुष्परिणाम विद्यार्थियों को समझाए। कहा कि जिस तरह से कहानी में सीख दी गई है कि पृथ्वी का अपनी मां की तरह खयाल रखें, इसे सभी को अपने

जीवन में उतार लेना चाहिए पर्यावरण संरक्षण के लिए अपने ओर से सभी का प्रयास जरूरी है तभी कार्बन फुटप्रिंट को कम किया जा सकता है और बढ़ते प्रदूषण पर अंकुश लगाया जा सकता है।

"Don't watch the clock; do what it does. Keep going." - Sam Levenson

SPORTS

ACCOLADES!!!



Small and sturdy steps



Fun
IN THE SUN



Athletic meet



Interhouse Basket ball under 10



2nd Position in District Volleyball Championship



VOLLEYBALL GIRLS' TEAM



Winners at Inter- School Yoga Competition



Winners all the way...

Skating COMPETITION



Winners at Inter- School Taekwondo Competition

1 Gold , 1 Silver and 8 Bronze



Winners at Inter- School Taekwondo Competition



VOLLEYBALL TEAM AT CBSE CLUSTER



Winners at Inter- School Yoga Competition



CBSE CHESS ZONAL CHAMPIONSHIP

SHARPENING THE YOUNG MINDS...



VOLLEYBALL



CBSE CLUSTER



2ND POSITION IN DISTRICT



VOLLEYBALL GIRLS' TEAM



GIRLS' POWER...



"Success is not in what you have, but who you are." - Bo Bennett

YOUTH TAEKWONDO CHAMPIONSHIP -

STELLAR MARTIAL ARTS SKILLS ...



"The secret of getting ahead is getting started." - Mark Twain

WINNER AT INTER SCHOOL YOGA CHAMPIONSHIP'23



The only way to achieve the impossible is to believe it is possible."

YOGA - A WAY OF LIFE!!!

INTERHOUSE SPORTS TOURNAMENT



A group of nine people, including eight children and two adults, are posing for a photo. They are standing in front of four large, colorful shields that represent the elements: JAL (Water, blue), AGNI (Fire, orange), PRITHVI (Earth, green), and AKASH (Sky, light blue). Each shield has a corresponding icon and a banner with the element's name. The children are holding certificates and wearing medals, indicating they have won an award. The adults are standing on the right side of the group. The photo is set against a green background with a white scalloped border.



SPIKE AND SUCCESS: INTER-SCHOOL VOLLEYBALL CHAMPIONS



"Sports teach us the value of perseverance. No matter how tough the competition, keep going, keep fighting, and never give up."

UNDER 14 TENNIS BALL CHAMPIONSHIP



"In the game of life, it's not whether you win or lose, but how you play the game. Every effort, every moment of determination, is a victory in itself."



Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do." - Steve Jobs

ATHLETIC FUN-FEST 2023-24









"In the game of life, it's not whether you win or lose, but how you play the game. Every effort, every moment of determination, is a victory in itself."





"Believe you can and you're halfway there." - Theodore Roosevelt



"The field is where we test our limits, where we push beyond what we thought was possible. Embrace the challenge and grow stronger."







THE PEN IS MIGHTIER THAN THE SWORD!!!



"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

HOW TO IGNITE RAMA IN US.....

We all know that Rama symbolises good quality where as Ravana symbolises bad quality . Every person has both Rama and Ravana but what matters is that which one is awakened. Lord Rama teaches us righteousness, truth and good governance .He also proved that in any situation truth always wins, overcoming lies. Likewise by being positive and happy we can overcome all sorts of problems in our life . As Ravana had ten Heads so there are ten things which make us Ravana . Selfishness, ego, greed, revenge, anger, cruelty temptation , injustice ,humiliation and hatred . As we know that Ravana was a great devotee of Shiv , a great scholar, and a capable ruler and a Maestro of Veena but his excessive pride, disrespect to women and underestimating the enemy made him lose the war . So this Dussehra we all should promise ourselves to Ignite the RAMA in ourselves by helping others, not to have any revengeful attitude , not to abuse anyone or humiliate , not to be selfish and to keep ego and anger aside . This will help us to silence the inner Ravana in us.

Srija Neogi

XB

Understanding Mental Abuse: The Silent Wounds

Mental abuse, also known as emotional abuse, is a deeply troubling and often underestimated form of mistreatment that can leave lasting scars on an individual's emotional well-being. Unlike physical abuse, mental abuse doesn't leave visible wounds, making it challenging to detect and address. This article delves into the various aspects of mental abuse, its signs, and the steps one can take to break free from its destructive cycle.

1. What is Mental Abuse?

Mental abuse encompasses a range of behaviors and actions aimed at manipulating, controlling, or demeaning another person psychologically and emotionally. It can occur in various relationships, including romantic partnerships, families, friendships, or workplaces. This form of abuse can be as damaging as physical abuse, yet its impact is often overlooked.

2. Recognizing the Signs:

Mental abuse manifests in a multitude of ways. Some common signs include:

Constant Criticism: Perpetual negative remarks about one's appearance, abilities, or decisions.

Isolation: The abuser may isolate the victim from their support network, making them more dependent.

Gaslighting: Manipulating the victim's perception of reality to the point where they doubt their own thoughts and feelings.

Threats and Intimidation: Using threats or intimidation tactics to exert control over the victim.

Emotional Neglect: Withholding affection, support, or attention as a means of control.

Shaming and Humiliation: Publicly or privately humiliating the victim to erode their self-esteem

3. The Long-Term Effects:

Mental abuse can have severe and lasting consequences on a person's mental and emotional well-being. Victims often experience:

Anxiety and Depression: Constant criticism and manipulation can lead to anxiety and depression.

Low Self-Esteem: Prolonged abuse can erode a person's self-worth and confidence.

Post-Traumatic Stress: The trauma from mental abuse can lead to symptoms resembling PTSD.

Self-Isolation: Victims may withdraw from social connections and activities.

Physical Health Issues: Stress from abuse can result in physical health problems.

4. Breaking Free:

Recovering from mental abuse is challenging but possible. Steps to break free include:

Recognizing the Abuse: Acknowledge that you are in an abusive situation.

Seek Support: Reach out to friends, family, or support organizations for help.

Therapy: Consider therapy to work through the emotional scars.

Legal Action: In some cases, legal action may be necessary to protect yourself.

5. Raising Awareness:

Creating awareness about mental abuse is crucial. It's essential to educate individuals and communities about the signs and consequences of this abuse to prevent it from persisting in silence.

In conclusion, mental abuse is a damaging form of mistreatment that leaves invisible wounds.

Recognizing the signs, seeking help, and raising awareness are essential steps in breaking free from this cycle of abuse and promoting healthier relationships. Everyone deserves to live free from the shadows of mental abuse.

Somya Tripathi

XII Sci

SCHOOL NEWSPAPER.....

In a classroom filled with pens and dreams,

The school newspaper gleams and gleams.

With articles of knowledge, stories untold,

It spreads ideas, both young and bold.

Through ink and paper, its voice takes flight,

Informing students, shedding constant light.

Reporting events, no matter the size,

Bringing the school's news to eager eyes.

Journalism's power, its purpose so grand,

To provide facts, a trusted hand.

Unveiling truths, and asking why,

Encouraging minds to think and try.

Researching diligently, seeking the truth,

Challenging assumptions with each baby tooth.

The school newspaper, a platform so prime,

Empowering students, one at a time.

O read with curiosity, let your mind soar high,

Be inspired by words that catch your eye.

For in the school newspaper's pages, you'll find,

The power to educate, enlighten and remind.

Palak

XI C

THANKYOU ALMA MATER!!!

It is rightly said that you should never forget from where you started. The year 2020 was the most hapless year for all of us- be it actively or passively, but for me it was a fluke!

I began my journey from this beautiful school, this beat from middle school to my last year of schooling. Coming from an all girls school was not easy at all but the co-operative faculty and cheerfully welcoming students and juniors made my 4 years in this school pass in the blink of an eye. Each glory, failure and success helped me bring out the best of me . Preparing for competitions and organizing events was at times exhausting and overwhelming but the upbeat outcomes always lifted me up to incline towards new summons.

The impromptu talks and discussions were astounding! I was an introvert when I came here in a gray blazer but leaving in a navy blue blazer is a girl ready to accept a gauntlet. Turning homework into pseudo-classwork was an art. I never got to comprehend that when fighting with those batchmates whom I didn't want to associate with turned into eating their heads with every life update! No doubt, I had my best days here.

I have to thank the teachers who never lost sight of my potential even when I was so adamant in concealing it. Because they didn't lose faith, you brought out the best in me. You taught me that one needs to be rooted to the traditions but must have their own vision. A vision to change the world. Never did I feel alone or unimportant to you. I was never just a roll number in the classroom. I had value and you used to recognise that in me. Sanskar World School has given me the ability to look forward, something that used to scare me.

A thought that Sanskar has instilled in me is- having a plan and knowing what the future holds, but you taught me that sometimes the best surprises in life are well, surprises.

This is the place where I learned who I was, and I learned who I wanted to be. I learned how to study, but I also learned when it was necessary to leave the books behind is equally salient. I learned to apologize and I learned to forgive. I learned what it was to gain lifelong friendships, but I also learned how to deal with people who emerged toxic. I found a perfect study spot (my classroom next to the drinking area and in front of the senior staff room, of course), and I also found teachers whose support, values, and philanthropy I will proudly carry out into the world and pass on to every possible individual. I learned how to love and accept facts, and also how to love myself as well. Now that it's a matter of barely a few months before I start a new chapter of my life by getting into college I wish to come across Aladdin's lamp. My first and only wish would be to restart here from getting an admission into 'Alphabets' again.

Now, when I would wake up every morning and pick out what to wear, I will miss my pretty orange tee and the white shirt, how cool and convenient it was!. The AC cabs/metro would never compensate for the fun school bus rides.

There would be days when profuse nostalgia would strike me, but deep in my heart I'd know that my SWS family would always be there for me, it would still be the same-strong and smiling.

My juniors! As we bid farewell, remember that our journey together was more than just classes and exams. It was a tapestry of memories, laughter, and shared dreams. Your time to shine is here, and I believe in you. Keep chasing your dreams and making us proud. I never saw you any differently than my classmates, at times I inflate my ego by showing off my cool juniors to those who don't have the fortune to be a part of Sanskar World School.

Okay so now to all the juniors reading this, you are lucky, very LUCKY that you are in this school, the best school. Always remember that Fiery Setback is a Setup for a Comeback. I am sure once you leave the white gate you will miss the cream coloured building. So, make the most of the time you spend here because the life ahead is uncertain, unpredictable and different.

And yes, I am always there for all of you, you know that, right?

I might be writing too much but trust me, these words stand nowhere to what I feel. Sanskar World School was my favourite and the most wonderful chapter in my story called life. If only I could go back to the very first day I came to this school and stand next to the girl who was me, I would envy her, envy her so much, as she is about to begin the most exhilarating journey of her life.

I want my school life back... I grew up and so will you. You will miss every moment spent here and yes, that's true!

Unnati Rath

XII Humanities

2023-24

Striking the Right Balance: Children and Smartphone Usage....

In today's tech-driven world, smartphones have become an integral part of children's lives. However, concerns are rising about the potential negative effects of excessive smartphone use. This includes less sleep, reduced outdoor play, and decreased face-to-face interactions, which can affect their development.

It's essential for all of us to find a balance. Encouraging reasonable screen time limits, outdoor play, and real-life social interactions can help mitigate these issues. Promoting online safety and setting a positive example can guide the children toward healthier tech habits. Together, we can ensure the children enjoy the benefits of both the digital and real worlds, leading to happier and more well-rounded lives.

Shrestha Mishra

Class IIIA

THE SANSKAR-MOULD

In the nurturing embrace of Sanskar World School, a garden of values blooms, where young hearts learn to respect, empathize, and soar. With integrity as their guiding light, they dance in the meadows of knowledge, cultivating a world of wisdom, innovation, and love for the land. With gratitude, we applaud this sanctuary of character, where the future is sculpted with care, and the echoes of patriotism and creativity fill the air.

Anirudh Gupta

IB

MY WISH!!!

I want to touch the sky

And fly so high

My dreams are not so big

But one day I will surely achieve

I will focus and work hard

So that nothing would fall apart

I want to make my school and parents proud

I know the Path is tough but I will try to stand out

Thank you so much each and everyone

Who have helped in making my journey a smooth run.

Arshiya Vadera

II B

हिन्दी दिवस

तुम
साल में
एक बार
आ ही जातेहो,

अच्छा लगता है
तब
मंचों से
तुम्हारा सत्कार,

किसी पुराने
रिश्तेदार की तरह
तुमसे बतियाना
और
याद करना
वो पुराने दिन।

हिन्दी दिवस
गोदान, गबन,
रश्मिरथी, कामायनी,साकेत,
आदि-आदि
पढ़ने वाली पीढ़ी
अब विलुप्त हो गयी,
पता नहीं
कहां जाने,

फिर भी
शगुन ही सही,
तुम
बिखेर देते हो
रस, छंद, अलंकार,

और मैं
टकटकी लगाए
तुम्हारे
आने-जाने केबीच
मौन श्रोता
बनी रहती हूं
हमेशा - हमेशा।

वंदना नेगी रावत
हिंदी विभाग

Do what you want to do, don't listen to others, become a great person in your life, so others will learn a lesson from you.

Aarohi Chaudhary

VI A

Do not do the work which may be bad, do the work which sets example for others.

Aarav Chaudhary

V A

Scientific Discovery

Imagine a world where you could communicate with anyone, anywhere, without the need for wires. This was the dream of Nikola Tesla, a brilliant inventor who is considered by many to be the father of modern electricity.

In the early 1900s, Tesla began construction on a massive tower on Long Island, New York. The tower known as Wardenclyffe Tower was designed to transmit electrical energy and communications wirelessly across the Atlantic Ocean. Without funding Tesla was unable to complete Wardenclyffe Tower. The tower was never used for its intended purpose and it was eventually demolished in 1917.

Tesla envisioned a global network of

Wardenclyffe Towers that would allow people to send and receive messages, images and even power anywhere in the world. He also believed that the tower could be used to transmit energy to aeroplanes and ships, making wireless travel possible. Tesla invested heavily in Wardenclyffe Tower. However, and by 1905 the tower was nearly complete., Tesla's financial backer, J.P Morgan withdrew his support after becoming concerned about the cost of the project and the potential military applications of Tesla technology.

Despite its short life, Wardenclyffe Tower remains a symbol of Tesla's vision for a wireless future.

Compiled by Aadhar Tyagi

IX A

SOME FACTS ABOUT SPACE

On Mercury a day is twice as long as a year. One Mercurian day lasts 59 Earth days while a year 88 days.

1 tablespoon of neutron star weighs the same as the human population. These stars are composed almost entirely of neutrons packed together in a tiny radius.

1Tsp = over a trillion kilo grams.

Gamma Ray burst can release more energy in 10 sec than our sun will in its entire life.

Vast amount of water has been found in space.

Moon is getting far and far away every year.

Venus spins backwards compared to other planets.

Uranus is the coldest planet in Solar System.

Neutron stars can spin at a rate of 600 rotations per second!

Compiled by Aditya Negi

X A

THE STORY ON TABLE TENNIS

Table tennis is also known as Ping Pong. It is an indoor popular game. It is played between two or four players who hit a lightweight ball across a table using rackets. The game requires a table, racket and a lightweight ball.

The table is divided by a net in the centre. The aim of the players is to land the ball in the opponent's court. The player scores if the opponent fails to return the ball. Table Tennis is not just a game; it is a physically demanding sport that requires excellent reflex action and balance. Table Tennis has a significant global influence. It is an official Olympic sport. It is especially popular in countries like China, which has dominated the sport at the international level. In international tournament, there is a huge audience, who come to witness and enjoy the match. I have been playing Table Tennis since I was 9 years old.

Ansh Sharma

IX A

THE LONELINESS OF BEING HERE

In a sea of faces ,friendships I hold dear,
I love them all, my heart's sincere.
Through highs and lows, I'm always near,
But in return , I always shed a tear.

They have busy lives, in their world they tread,
My own stories left unsaid.
In solitude, I wait alone,
Yearning for a friend to call my own.

Though I gave my all, it seems in vain,
For their time and care, I wish to gain .
Yet still , I will be there when they're in need,
Hoping someday, they'll take heed .

Khushi

X A

SCIENTIFIC FACTS ABOUT MUSIC

Rhythms and beats in Music help in improving heart beat and improve the blood circulation of our body .

Medical science has proved that some Ragas in Indian classical Music help in curing diseases like typhoid, diabetes, high blood pressure and even cancer by reducing the cancer cells in our body. Studies have shown that Music has even cured depression and anxiety in patients.

Music controls the amount of endorphin hormone (the hormone responsible for mood control and anxiety) making person more calm.

Compiled by Harshita

X A

POEM ON SYMPHONIE DE LA NATURE

Dans la douce lumière du matin, Les Oiseaux chantent leur refrain. Sous le ciel bleu, le monde s'éveille, Et la nature, en beauté, s'émerveille.
Les fleurs dansent dans la brise légère Le soleil caresse la terre entière. Les rivières murmurent un cloux secret, Et chaque instant devient parfait.
La vie est un voyage, une aventure, Ou' l' amour est la plus belle peinture.
Dans ce monde rempli de merveilles, Nous trouvons la joie, l'espoir , et l'émer -veillement sans pareil.

Translation in English

In the gentle morning light, the birds sing their delight.
Under the blue sky, the world awakens, and nature, in beauty, is taken.
The flowers sway in the gentle breeze, the sun caresses the earth with ease.
The rivers whisper a sweet secret, and each moment becomes perfect.
Life is a journey, an adventure to unfold, where love is the most precious gold.
In this world filled with wonders so bright, we find joy, hope and pure delight.

Bhavya Pal

X A

SWEET SIXTEEN

I am sixteen going on seventeen.
Mind is full of clumsy thoughts,
Sometimes mischievous, at times serious.
My ears go through lessons and lectures.
It's inevitable, I've to concentrate, but my foolish infatuated mind. Always tends me to deviate!!
My day is colourful, my bestie made it cheerful.
By adding happiness in every aspect, but a teenager's mood may change in a second.
If the situation is not perfect!!
I may have many problems, dealing with them, I grow my courage.
I live my life to the fullest,
Because I am the girl of Golden age!!

Anushka Kaushik

X A

INTERESTING FACTS

Elephants are the only animals that cannot jump.
The strongest muscle in the body is the tongue.
The names of all the continents end with the same letter that they start with.
Camels have three eyelids to protect themselves from the blowing desert sand.
The shortest war in history was between Zanzibar and England in 1896. Zanzibar surrendered after 38 minutes.
TYPEWRITER is the longest word that can be made using the letters on only one row of the keyboard.
A duck's quack doesn't echo. No one knows why!
You can't kill yourself by holding your death.
Money isn't made out of paper. It's made out of cotton.
The dot over the letter "i" is called a title.
Your stomach has to produce a new layer of mucus every two weeks or it will digest itself.

Compiled by

Vanshika Veerbhan

IX A

We don't know what happens tomorrow,
I may not know where I'll be in the world
And quite fascinating to be in the world,

When my heart needs a rest ,
I always remember that "I am blessed",
No Wonder! , I cannot do some things
But , it's happy to be in the springs ,

"I am blessed" , to have eyes , legs and a good heart
Always be happy with beloved heart ,
Good people who are in my life
I always feel blessed,

Keisha
X B

MUSIC

Music, oh music
How magical you're.
The moment I feel sad,
I just pick up my guitar.

How lonely it would have been without you,
What if there was no sound to listen to?
You, mine only therapy to stay calm,
Even the reason is you that I get up on my first alarm.

Music is something which needs emotions to hear,
Without feelings there is no music,
Music heals, otherwise feelings may tear.

Music is love, Music is life.
In a dark room of broken feelings, music works as light.
Bhumi Shivhare

X-B

Amazing Facts You Must Know

Do you know why we say "bless you!" when someone sneezes? Because when we sneeze our heart stops for a millisecond.

TYPEWRITER is the longest word that can be made using the letter only on one row of keyboard.

Wearing headphones for just an hour will increase the bacteria in your ear by 700 times.

"I am" is the shortest complete sentence in the English.

Have you ever put an apple into the water and noticed the apple float? Yes, apples float on water.

It is because apples are made up of 25% present air.

Compiled by Farheen Uzma

X B

(रिश्ते)

(रिश्ते तब भी थे, रिश्ते अब भी हैं)

तब _गर्मियों की छुट्टियों में ढेर सारे मेहमानों का आना, छत पर बिस्तर लगाना, और एक ही तकिए पर दो-दो सर रखकर सो जाना।

अब__दो लोगों के आने की खबर सुनकर सब का डिस्टर्ब हो जाना, कौन? कहां ? कैसे ? ऐडजस्ट होगा उसे पर चर्चा होना ।

रिश्ते तब भी थे रिश्ते अब भी हैं।

तब_वो चाची, काकी, बुआ, मासी का पूरे हक्क से हमें डांटन, और बच्चों का नज़र नीची करके डांट स्वीकार करना।

अब_ वह हमारी इंसल्ट क्यों करते हैं ? उन्होंने हमें ऐसा क्यों कहा? ईगो तेवर दिखा करके बच्चों का बड़ों से नाराज हो जाना ।

रिश्ते तब भी थे ,रिश्ते अब भी हैं।

तब--तीज- त्योहार पर सज संवरकर ,सबका एक- दूसरे के घर आना । गुजिया मिठाई खाना गले लगाना और खुलकर त्यौहार मनाना।

अब--मोबाइल पर आए मैसेज को फॉरवर्ड करना, और एक बंद कमरे में बैठकर , कुछ लोगों को त्यौहार की विश करना । यह सोचकर संतुष्ट होना

रिश्ते तब भी थे रिश्ते अब भी हैं।

-अनुपमा

अध्यापिका

THE VIBRANCE 2023



A SYMPHONY OF SPEECHES: MOMENTS TO REMEMBER FROM OUR ANNUAL EVENT







"Education is not the filling of a pail, but the lighting of a fire." - William Butler Yeats

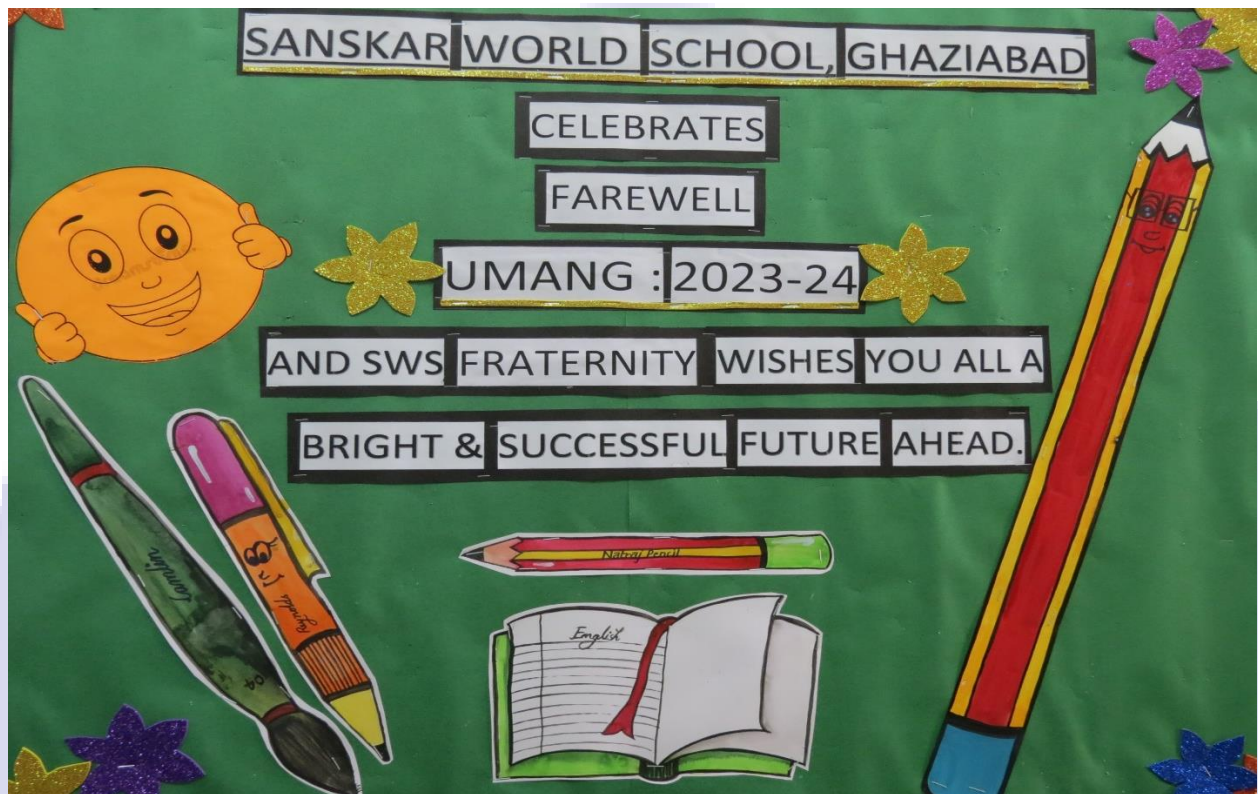
INSPIRING NARRATIVES: REFLECTIONS FROM OUR ANNUAL FUNCTION SPEAKERS"







FAREWELL ECHOES: REMINISCING WITH OUR GRADUATES













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"Creativity Is Intelligence Having Fun." – Albert Einstein